

**Abstract**

The invention relates to a panel with coupling elements,  
5 which are designed in such a manner that two panels can  
be connected to one another by a form-fit connection at  
the same time in a first direction perpendicular to the  
common joint and in a second direction parallel and  
perpendicular to the common surface of the panels. The  
10 invention relates especially to a laminate flooring. The  
panel according to the invention provides one coupling  
element, which is designed in such a manner that two  
panels can be connected to one another especially by  
form-fit connection in the direction along the common  
15 joint formed by the panels. The form-fit connection along  
the common joint according to the invention therefore  
achieves greater security during assembly with reference  
to any enlargement of the cracks and inaccuracies when  
laying parquet flooring. Laid parquet flooring elements  
20 can no longer slip relative to one another even when  
subjected to relatively large stresses, thereby avoiding  
damage and the need for follow-on work. The coupling  
element is preferably designed as a separate synthetic-  
material clip in the shape of a letter H.